

# EASY SUSTAINABILITY AROUND THE HOUSE

**DO YOU HAVE...**



**... A PLACE TO SEPARATE  
RECYCLABLES FROM WASTE?**



**... SOMETHING "UPCYCLED" OR  
REPURPOSED?**



**... SOMETHING SECONDHAND (OR  
SOMETHING YOU COULD DONATE  
RATHER THAN THROW AWAY)?**



**... ANY SMALL LEAKS YOU COULD  
FIX ON YOUR OWN?**



**... ENERGY EFFICIENT LIGHT BULBS  
(LED OR FLORESCENT)?**



**... YOUR THERMOSTAT SET AT A  
MORE ENERGY-EFFICIENT TEMPERATURE?**



# EASY SUSTAINABILITY AROUND THE HOUSE

While we do want to try to reduce our plastic use because it eventually loses quality and degrades through the recycling process, glass and aluminum can be recycled thousands of times or more without losing quality!

"Upcycling" or reusing items helps the environment in two ways: first, by removing a piece of trash from the waste system and second, by reducing the need to produce new items!

It takes over 700 gallons of water to make one t-shirt, which can then take up to 40 years to decompose! Buying your clothing secondhand or donating/reselling your older items it can have huge impacts on the environment!

A leaky faucet that drips at the rate of one drip per second can waste more than 3,000 gallons per year! Repairing simple leaks is often inexpensive and can be done on your own with just a wrench and an online video guide!

While the up-front cost for LED light bulbs can seem high, if you use your bulb for 12 hours per day it should last for 11 years! Also, over 95% of an LED bulb is recyclable and creates less waste than other bulb types.

Setting your thermostat to around 78°F in the summer and 68°F in the winter (even if it's just for the hours when no one is home during the day) can help cut your energy use and save you money on your electric bill!